

Hevrat Herald — August 2026

August 2026 Newsletter



SCHEDULE FOR UPCOMING SERVICES

Location: Chesapeake Room at Ingleside King Farm

Time: 7:45pm

August 7 - Musical Shabbat led by Cantor Caron Dale

August 21 - Traditional Shabbat led by Rabbinic Chaplain and Cantor, Lisa Levine.

Zoom Link for Services:

[https://us02web.zoom.us/j/2407676518?
pwd=cG5QdGRBQ0lGK1Q1ZlJUQktTc0M5QT09](https://us02web.zoom.us/j/2407676518?pwd=cG5QdGRBQ0lGK1Q1ZlJUQktTc0M5QT09)

If you or someone you know is ill, had an accident, or going through a tough time and would like to speak to a rabbi, please call:

Rabbah Arlene Berger at 301.529.9725 or by email at rabbaharlene@gmail.com.

You can call Rabbah Berger directly, or if you like you can send an email to Lou at lou.robbsins@outlook.com, and he will relay your message to her. Rabbah Arlene's assistance and council is free for Hevrat members.

HOLIDAYS 2026: MARK YOUR CALENDARS!

More Information to follow.

Rosh Hashanah:

- Friday, September 11; Erev Services
 - Saturday, September 12; Morning Services
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Yom Kippur:

- Sunday, September 20; Kol Nidre Services
- Monday, September 21; Morning Services

Chanukah:

- Friday, December 4; IKF Candle Lighting



Urgent: High Holiday Ushers Needed

As we prepare for the High Holidays, we are in **urgent need of volunteers** to serve as ushers during our services.

At this time, only one service is partially staffed, and we still need volunteers for the remaining High Holiday services. Our congregation depends on the generosity of members who are willing to greet congregants and help our services run smoothly.

We understand that not everyone is able to volunteer. However, if you are able to help with **just one service**, your assistance would make a tremendous difference.

Ushers are needed for:

- Friday, September 11 – Rosh Hashanah (Evening)
- Saturday, September 12 – Rosh Hashanah (Morning)
- Sunday, September 20 – Kol Nidre (Evening)
- Monday, September 21 – Yom Kippur (Morning)

If you can volunteer for one or more of these services, please contact Lou Robbins as soon as possible at 703-772-8566.

Thank you for helping make our High Holiday services welcoming and meaningful for everyone.

High Holy Day Services 5787



High Holy Day services for 5787 will be led by Rabbi David Abramson and Cantor Caron Dale. You all know Cantor Dale who celebrates 16 years with us this year. Rabbi Abramson is new to our congregation. However, he is well known to our local Jewish Community. Rabbi Abramson serves as

Adjunct Rabbi to Congregation Beth El on Old Georgetown Road in Bethesda, and as a rabbi, teacher and pastoral caregiver for the JSSA

(Jewish Social Services Agency) of Montgomery County. I hope you all get to meet and chat with Rabbi Abramson over the High Holy Days and enjoy his comfortable and congenial rabbinic presence.

L'shanah tovah tikateivu – May we all have a good year and be inscribed and sealed for blessing in the Book of Life.

Steve Permison, MD

Founder and Co-President



The High Holy Days are relatively early this year and that means that the Hebrew month of Elul is almost upon us. There are a number of teachings that help us to better understand the significance of this month.

1) There is an acronym for the Hebrew letters of Elul that corresponds to the words from Shir Hashirim: Ani L'Dodi V'Dodi Li, I am my beloveds and my beloved is mine...this is a metaphor for our expression of love and kindness in the world.

2) The Zohar explains that at the beginning of Elul we are achor el achor, meaning “back to back,” and by the end of Elul we are panim el panim, “face to face.” This allows us to better connect with one another, with our community and with God.

3) During the month of Elul, the Shofar is blown each morning on weekdays until the second day before Rosh Hashana. The sound of the shofar reminds us that the 10 days of Awe and our time of repentance approaches.

4) Most importantly, during the month of Elul, we take an accounting of our actions from the past year: cheshbon haNefesh, the accounting of our spirits. We ask ourselves where have we missed the mark? Where have we hit the mark? Where could we do better?

I look forward to sharing **Friday August 21st** with you as we explore our preparations for the High Holy Day Season.

Many Blessings,

Reb Cantor Lisa

YAHREZEITS FOR AUGUST

Martin Adler Husband of Harriette Adler

William Adler Father of Martin Adler

Anna Baum Mother of Sandra Rosenstein

Stuart Carlow Member

Melville Ehrlich Father-in-law of Marlene Ehrlich

Isadore Goldman Father of Sandra Wolk

Rose Gottfried Mother of Judith Marcus

George Gottfried Father of Judith Marcus

David Jaspan Friend of Steve Freedman

Henrietta Mintz Sister of Sandra Wolk

Minnie Olin Mother-in-Law of Nina Olin

Ronald Olin Brother of Irwin Olin

Nelee Langmuir Sister of Mina Parsont

Anna Loeb Grandmother of Joan Oday

Henrietta Mintz Sister of Sandra Wolk

Pearl Pollack Mother of Mary Ann Dubner

Joe Reader Member

Deborah Levine Rubin Sister of Daniel Levine

Bruce Skolnick Friend of Roberta KesslerBes

Rebecca Sussman Grandmother of Ted Bahr

Ruth Victor Mother of Lynn Meltzer

Seymour Schwartz Husband of Marie Schwartz

MAY THEIR NAMES BE FOR A BLESSING....

אָמרוּ חַכְמֵינוּ זְכוֹרָנוּם לְבָרָכָה (ל"א חז)

If you have any additions or corrections, please contact Lou Robbins at lou.robbins@outlook.com.

